Welcome to

Truro Sport Heritage Society

33rd Annual Sport Awards Dinner
Sunday, March 5, 2017
Best Western Glengarry
Message from the Truro Sport Heritage Society Board of Directors

The Truro Sport Heritage Society was established in 1984 to recognize sporting achievements, both past and present, of the residents of Colchester County. This is achieved by hosting our Induction to our Sport Hall of Fame annually in November. Athletes, Coaches, and Builders of the past are honored during this event and receive a spot on the CIBC Wood Gundy Wall of Fame. The Sport Awards dinner is our opportunity to publicly recognize the present day sporting accomplishments of our local athletes, coaches, and volunteers, as well as highlight those who sponsor and support our sporting community.

We salute the award finalists, along with the Merit, Chair Award winners, and our family award and welcome Master of Ceremonies Bruce Rainnie. The Board is proud to have Bruce here this evening to help celebrate our 33rd Annual Sport Awards Dinner.

Please review our program, printed by Dalhousie Agriculture Print Centre, and take note of the sponsors from the local business community. Please support them, as they have supported us. We would especially like to recognize our major sponsors:

Cat Country 99.5 FM and Big Dog 100.9 FM
Truro Daily News
Town of Truro
Tim Hortons
Eldis Group
The Snook Group

In addition, we would like to thank photographer Sheryl Deuville; Farida Gabbani and Sara McKenna for managing tickets sales; and Jennifer Boiduk for overseeing the production of the program.

Thank you also goes to Board Members for their tireless commitment to sport in our community:

Chair          Ashley Simms
Chair Elect    Sara McKenna
Past Chair     Craig Burgess
Board Members  Larry Anthony
               Lloyd Berliner
               Don Cameron
               Farida Gabbani
               Bruce Peers
               Tammy Armstrong
               Danny Joseph
               Randy Jollie
               Dave Hazelton
               Heather Fraser
Evening Program

Welcome, Chair Ashley Simms
Moment of Silence
O Canada

Presentation of Merit Awards:
Paul & Joyce Millman
Lyle Carter
Diane Daniels

Blessing
Presentation of Awards:
Outstanding Special Olympian
Outstanding Junior High Team
Outstanding High School Team
Outstanding Female Senior Athlete 50 years and over
Outstanding Male Senior Athlete 50 years and over
Outstanding Club Team 16-20 years
Outstanding Club Team 15 years and under
Dinner

Prize Draws #1
Presentation of Awards:
Outstanding Team 21 years and over
Outstanding Female Athlete 15 years and under
Outstanding Male Athlete 15 years and under

Volunteer of the Year
Coach of the Year
Speaker – Bruce Rainnie

Prize Draws #2
Presentation of Awards:
Outstanding Male Athlete 21-50 years
Outstanding Female Athlete 21-50 years
Outstanding Male Athlete 16-20 years
Outstanding Female Athlete 16-20 years

The Dave Armstrong Memorial Family Award
Truro Sport Heritage Society Chair Recognition Award

Closing Remarks – Chair, Ashley Simms
Bruce Rainnie is the host of CBC News: Compass, the supper hour news program for Prince Edward Island. In that role, he has helped “Compass” achieve the status of number one rated CBC supper hour news broadcast in the country.

In addition, Bruce is nationally known for his work with CBC Sports. Along with being a regular host on Hockey Night in Canada, he has broadcast seven Olympic Games (2000, 2002, 2004, 2006, 2008, 2014, 2016). Most recently in Rio, Brazil, he provided play by play commentary for CBC's coverage of basketball, equestrian, golf and tennis.

In March of 2004, he researched, co-produced and hosted “Great Expectations,” a half-hour primetime documentary that introduced the country to hockey sensation Sidney Crosby.

The award-winning broadcaster has expanded his professional duties to include hosting CBC News Morning, Spruce Meadows Show jumping, Rogers Cup Tennis, Canadian Open Golf, and the Grand Slam of Curling.

Bruce’s first book, “Right Place, Right Time: Sidney, Heather, Boomer and Me” was released in May of 2012, with author proceeds going to the PEI Cancer Treatment Centre.

It quickly became a national bestseller, reaching number six on the Globe and Mail non-fiction list.

This is Bruce’s 11th Anniversary as MC for the Truro Sport Heritage Society Sport Award Dinner. Thank you Bruce for your commitment to supporting sport in Colchester County.

Bruce lives in Charlottetown with his wife, Kendra, and their young sons, Mark and Alistair.
Merit Award

Presented to a member of the community who has made an outstanding contribution to sport over a number of years.

Paul & Joyce Millman

Over the past decade Paul and Joyce Millman have dedicated themselves to the growth and development of Athletics in our community and province.

Paul Millman has been coaching since 1990. He has been officiating throwing events for more than 10 years and Joyce Millman has been the club administrator for the Truro Lions Track Club and an official with Athletics NS for more than 10 years. Both have supported track and field on the local, provincial, and international level. They manage the day to day operations of Truro Lions Track Club. The club that has grown from 20 members in 2007 to 56 members today. Several of those athletes have become some of the top throwers in Canada! As well, some of the athletes have become coaches and managers, thus reinvesting time and effort into the sport they love, just like they witnessed the Millmans doing for many years.

Joyce and Paul Millman exemplify the spirit of track and field by demonstrating ongoing passion, pride, dedication that inspires athletes, coaches, and other clubs to provide the best atmosphere and environment for the athletes in the sport. They are both dedicated to creating better opportunities for all athletes throughout the province and are committed to ensuring those same athletes excel on the national stage. They are wonderful assets to our the Athletics NS Association and exceptional builders of the sport in Truro area and beyond.

Truro track and field athletes are recognized across Canada for not only having wonderful skills in their respective disciplines, but the thirst to better themselves in all aspects of life. Joyce and Paul have instilled their values and beliefs on these young athletes and growing coaches and it has benefitted everyone greatly.

Well Done!!
Lyle Carter

Lyle Carter is a sports legend in Colchester County. However, you won’t meet a nicer, more modest man. He has a genuine interest in getting to know people and telling their stories for others to enjoy, especially sports related stories.

As a country boy from Brookfield NS, Lyle was a rare athlete and hockey player that was drafted to play in Upper Canada at the young age of 18, for the Toronto Marlboros. Lyle enjoyed a 13 year career in professional hockey, highlighted by playing in the NHL for the California Golden Seals in 1971-72. After a back injury ended his career in 1975, he returned to his hometown to open a landmark sporting goods store, followed by a Truro store and other local businesses. Lyle was also an all-Canadian fastball player with the famous Brookfield Elks fastball team.

Lyle’s interest in telling the public interesting sports stories about local athletes and teams began in the late 1970’s when he produced a weekly radio show for four years with Frank MacDonald on CKCL called “Sportscene” every Saturday morning.

In 1994 he was encouraged by Terry Honey, Johnny Hutchinson and Larry Powell to start writing sports stories in the Truro Daily News. He began producing interesting weekly articles and has continued to do so for an amazing 23 years. He has produced a second weekly column of people’s interesting stories for the last 10 years as well. His stories vary widely on topics and people. It may be a reflection of great athletes from years gone by, such as Billy MacIntyre or Win Langille, or young up-and-comers such as Ben Higgins and Julia Schmitt.

Lyle describes the column writing as a wonderful and enjoyable experience for him as he gets to know the people and their great stories. He considers it a privilege to have people open up to him with their life stories so that he can communicate various highlights and human interest stories to a very significant fan base of his newspaper column. His obvious love of kids and getting to know and encourage them is evident in many articles. Their enthusiasm is well reflected in his articles. In fact, one could say that Lyle has played a very important role of encouraging young Colchester County athletes for 23 years. He has also helped local citizens and visitors gain more of an understanding and appreciation of the rich sports heritage in this area of NS.

Luckily for us, this humble and appreciative multi-talented man intends to continue writing his columns for as long as he is able. Lyle and his supporting wife Susan still reside in Brookfield. Their grown children – Donald, James and Rob and grandchildren Emma and Sydney are proud of their father and grandfather. We want to acknowledge and thank Lyle for the extraordinary good work he has done as a communicator and supporter of sports in Colchester County. Congratulations Lyle on receiving the Tim Horton’s Merit Award.
Merit Award

Presented to a member of the community who has made an outstanding contribution to sport over a number of years.

Diane Daniels

Diane Daniels has “horsed” around since the early 1950’s. With the passion of her parents and the tutelage of people like Ingham Palmer, Doug Harkness, Frank Daniels among others, she developed a devotion and love for the sport of harness racing. From her first job as counter clerk to writing with substantial authority on the sport, she has been an integral and sustaining spirit in the sport she loves.

She is currently the Truro Raceway Race Office supervisor and has worked concurrently as a field rep with Standard Bred Canada for over 11 years.

She has organized Standard bred youth camps, helped with re-establishing amateur driving events, Ladies Amateur Driving Challenge, won the Bobby Leyte Memorial Award, been sales secretary, and has written her “Trackside” column, which appears in the Truro Daily News, for the past 13 years.

There is so much about Diane that makes her worthy of this special award. Perhaps this quote from her is best reflective: “I feel privileged to have been involved and been able to work and volunteer with a sport to which I am so truly dedicated.”

Well done, Diane
Dougie McIntyre has been committed to Cobequid Special Olympics for 15 years. He is a player that every coach would like to have on their team. Dougie seldom misses a practice, is very coachable, and constantly wants to learn and improve his skills.

Dougie has been to the National Special Olympics twice with the softball team, to Brandon Manitoba in 2006 and London Ontario in 2010 where his steady outfield playing helped his team capture the gold medal for Nova Scotia. Always ready to try his hand at anything, Dougie was one of the first local Special Olympics athletes to take up golf and compete in that sport at the provincial level.

In the winter months, Dougie turns his attention to curling. He has accumulated several medals on the ice where his calm focus has contributed to team success. Dougie comes to both practices and games with a positive attitude. His sportsmanship is an example to his coaches, his team mates and his competitors. He is a true ambassador for Special Olympics!

And, you ought to see him on the dance floor where he can certainly tear up a storm!

Congratulations Dougie.
Outstanding Junior High Team Award

Presented to a school team, which has achieved outstanding success in their particular sport over the year.

**Truro Junior High Girls Ski Race Team**

The Panthers looked to improve upon their 5th place finish at the 2015 NSSAF Provincial Championships this year and they did just that! Panther pride was in full force as they cruised to win the NSSAF Regional banner with strong performances and personal best times by all members of the team. This set the Panthers up for success with gold at the NSSAF Provincial Championships with a combined team time of 256.55 seconds, a whopping 14.79 sec. better than the next closest team! Congratulations to the TJHS Girls Ski Racing Team.

**Bible Hill Junior High Boys Basketball Team**

The Huskies generated a 24-1 win/loss record with the only loss coming in a close match with a P.E.I. team. While on their way to the District and Regional banners at the Junior High/Middle School level, they accumulated three tournament wins and dominated league play. The Huskies, most of whom have played together since grade 5, not only exhibited great sportsmanship throughout the season, they gave back to the community as well. Funds were raised for the Coldest Night of the Year in support of the Truro Homeless Outreach Society. Congratulations to the BHJH Boys Basketball Huskies.

**Truro Junior High Girls Basketball Team**

With a 21-7 Win/Loss record, the Truro Jr. High Panthers captured both the District and Regional NSSAF banners with the latter being the highest attainable accomplishment in NSSAF Junior High/Middle School Championships. While winning the New Glasgow Annual Invitational Tournament, the Panthers continued their strong program with sportsmanship and grace as they went on to be the best in the region! Congratulations to the TJHS Girls Basketball Team.
Outstanding High School Team

Presented to school team, which has achieved outstanding success in their particular sport over the year.

**Cobequid Educational Centre Track & Field Team**

The CEC Track & Field Cougars had a stellar year on the NSSAF track. With Regional banners in the Senior and Intermediate Boys Divisions as well as banners in the Senior and Intermediate Girls Divisions. The team followed these accomplishments at the Provincial Track & Field Championships with a massive 400.5 points, winning the overall NSSAF Senior Championship banner along with the Senior Boys and Senior Girls banners. One new provincial record and 24 medals were also earned at the provincials. The school had over 100 athletes compete in the District Championships while 80 qualified for the Regional Championships and an astonishing 60 athletes qualified for the Provincial Championships! Congratulations to the CEC Track & Field Team.

**Cobequid Educational Centre Boys Volleyball Team**

For the third time in five years, the CEC Boys Volleyball team captured the NSSAF Championship and did so on their home court in 2016… a first in 25 years! While winning the Regional championship, the team also won the Regional Championship along with two gold medals, four silver medals and a bronze medal in tournament play. Their season record was an impressive 45 wins and only 8 losses. Congratulations to the CEC Boys Volleyball Team.

**Cobequid Educational Centre Wrestling Team**

The CEC Wrestling Team enjoyed incredible success during the 2016 season. With seven 1st place finishes and one 3rd place finish during the competitive season, the team finished on top of both the NSSAF Provincial Senior Boys and Girls Divisions with 24 and 26 points respectfully, a feat not accomplished by the CEC in over 12 years. With their accomplishments on the mat, the team also participated in Nova Scotia’s first High School Relay for Life and provided training opportunities for local Junior High Students. Congratulations to the CEC Wrestling Team.
Outstanding Female Senior Athlete Award

Presented to active athletes, age 50 and over, who have achieved outstanding sport achievement over the past year.

Karen Hennigar & Jill Linquist

Karen Hennigar and Jill Linquist are well known in the curling world. Karen played with Colleen Pinkney’s World Masters championship team in 2010. Jill was the senior provincial champ in 2006 and 2007.

In 2016 Karen and Jill curled with the Marg Cutcliffe rink out of Halifax. The team captured the Nova Scotia Masters (over 60 years) title by going 4-0 at the provincial championships. This earned the team a spot as Team Nova Scotia to compete in the National Masters Curling Championships in Kentville in April.

The team finished the championship round 6-3, which qualified them for play-offs. They defeated New Brunswick 8-3 in the semi-final, and then lost a close game to Saskatchewan, to win the silver medal. Congratulations to Karen and Jill for their outstanding contributions to such a successful team.

Wanda McClellan

Wanda McClellan sets an impressive example for all to follow. She is a dedicated, hard working multi-sport athlete who at the age of 52, continues to improve her athletic skills. Although only starting the sport five years ago, Wanda is a committed runner, achieving her goal of running 2016 kilometers in the year 2016. She competed in more than 25 races during the year, earning personal best times in the 5K, 10K and half marathon distances. She completed six half marathons, earning the title of “half-fanatic”.

Wanda’s work ethic and training is exemplary for a variety of sports. Wanda is also an avid cyclist – she participated in two cycling Rondos in Nova Scotia this past summer. She is also a member of the cross-fit community, she is a golfer, and she enjoys snowshoeing. She admits to being competitive and always wanting to improve, but her biggest motivating factor is socializing with active and like-minded people.

Wanda’s activities and achievements in 2016 indicate that she isn’t planning on slowing down any time soon. Congratulations Wanda.
Outstanding Male Senior Athlete Award

Presented to active athletes, age 50 and over, who have achieved outstanding sport achievement over the past year.

Larry Burt

As a former hockey player, Larry Burt took on tennis as a safer replacement sport at the age of 48. After being introduced to the game by Truro’s Bill Berry, he soon loved tennis and was playing regularly with different groups and individuals of all ages. After many years of living and playing elsewhere, Larry and wife Joyce were delighted to see that the Cougar Dome was being built when they moved back to the Truro area in 2012. Larry quickly became the first member of the Cougar Dome. He is also an active member of the Truro Tennis Club and Northcliffe Tennis Club in Halifax.

Currently at the age of 78, Larry plays a great game of tennis. He often plays against opponents in ladder matches half or one-third of his age (and usually is victorious). A regular participant in singles and doubles in the Nova Scotia Championships, Larry’s highest rankings have been 2nd provincially and 17th nationally.

Each year Larry plays in 5 to 7 tournaments and is a leader in fundraising projects, events, and assisting new players at the Truro Tennis Club. Larry sets a good tennis example for all to follow. Congratulations Larry.
Outstanding Club Team Award

Presented to a team, which has achieved outstanding success in their particular sport over the year, 16-20 years.

**Tide Volleyball Club 16U Black**

The 16U Tide Black team had an amazing season! As provincial champions, they went undefeated against other NS teams. Not only did they go 20-0 (match play) but the Tide went undefeated in set play (50-0)! The 16U Tide Black team wasn’t satisfied with just being good in Nova Scotia. The team went to Nationals, taking on teams, who were drawing from a population base nearly the size of Nova Scotia! Tide Black went eight wins and one loss during the tournament. The 16U team finished in a three way tie for 1st place in pool play. Congratulations on your nomination!

**CC Riders U18 Tier 2**

A small but mighty roster, the CC Riders U18 had a perfect season with 6 wins and 0 losses. The team won the Regional Championships against North Nova United and then headed to the U18 Provincials. At Provincials they went a perfect 3-0 during round robin play! This set them up to play in the gold medal match vs Upper County (New Germany). The two teams were evenly matched with a 1-1 tie at the end of regulation time. The game continued with two more 15 minute halves to play. Again, it didn’t find a winner as both teams scored an additional goal during the extended play. Penalty kicks would decide the winner, after five attempts by each team, our CC Riders scored the winner and brought home the U18 provincial crown! Congratulations on your nomination.

**Truro Lions Track & Field Club**

The Truro Lions Track and Field Club continue to be a small club with a mighty roar! 2016 saw Lions athletes represent Truro locally, provincially, at Youth Nations, Jr. Nationals, Senior Nationals/Olympic Trials. It was a year of personal bests, provincial records and national medals. For the first time Truro Lions had five Javelin athletes qualify and compete at the Legion Nationals, with two returning with medals! Additionally, seven Lions athletes have been named to the upcoming Canada Games Core Athletics Team! Congratulations on your nomination.
Outstanding Club Team Award

Presented to a team, which has achieved outstanding success in their particular sport over the year, 15 years and under.

Home Hardware AAA Mosquito Bearcats Baseball Club

The Mosquito Bearcats began the season not knowing if they would be competing at the A or AA level, but as they approached the halfway mark of the season, they quickly realized that the team was actually playing at the AAA level.

The team took first place in the Westville & the Dieppe tournaments going undefeated in both events. They then went on to take the top position in the AAA Provincial Championships giving them a berth at the Atlantic Championships where they took the silver medal.

It was noticed that no matter the situation - a tough call by the umpire, a difficult player or distraction – the Home Hardware Mosquito Bearcats did not once stray from their morals and high standards. They always played with class and pride.

Congratulations to the Home Hardware AAA Mosquito Bearcats on a very successful and memorable season!

CC Riders U14 Boys Soccer Team

The CC Riders U14 Boys soccer team enjoyed a very successful season with a regular season record of 11 wins, 1 loss and 1 tie. The team competed in the Bruce Wagner tournament going undefeated and winning the tournament.

They earned the right to represent the region at Provincials by defeating Antigonish in the finals. At the Provincial Championships the team went undefeated in the round robin play, advancing to the finals against the strong home favorite Bedford team who had not been defeated all season. The CC Riders prevailed with a score of 3-2!

The boys showed great spirit on and off the field throughout the season. They gave their time to help other young players develop their skills and to share the love and passion for a game that they all enjoy! Congratulations!

CC Riders U16 Boys Soccer Club

The CC Riders U16 Soccer team had a successful season, going undefeated in the Highland Soccer League.

The team set a goal which was to not only make it to the Provincials but to finish as champions. They strived to make this goal a reality through hard work, team play and tremendous defending. In the Provincial final the team was down 1-0 with under 5 minutes left but they kept playing hard and scored to force extra time and ended up with a victory to take the Provincial title.
Outstanding Team Award

Presented to a team, 21 years and over, which has achieved outstanding success in their particular sport over the year.

55+ N.S. Games Women's Hockey Team

Four Colchester County women - Bev Reid, Julie Small, Kathy Dean and assistant coach Brenda Ryan, were part of Nova Scotia’s gold medal win at the National 55+ Games in Brampton, Ontario. The Nova Scotia team was comprised of players from all over the province. They posted an undefeated record to capture the National title by beating Quebec 3-1 in a hard fought championship game. Congratulations ladies.

Cobequid Lawn Bowls Team

Chris Donnachie’s Nova Scotia Lawn Bowling team, with teammates Jim Granville, and Dale Kidd from the Cobequid Lawn Bowls Club of Truro, earned a birth to in the Canadian Championships. At the Nationals, they finished seventh with a record of 3-5-1. Congratulations gentlemen.

Henderson Plumbing Pirates Mens 55+ Hockey Team

After winning the Provincial 55+ championship in 2015, the team was eligible to compete in the 2016 National championships in Brampton, Ontario. There, the team, ranging in ages from 55 to 62, came away with the Bronze medal, with class and style.
Outstanding Female Athlete Award

Presented to a female athlete, 15 years and under, for outstanding sport achievement over the past year.

Lauren Boyd
Lauren has displayed a passion for gymnastics for many years and has been a member of the Cobequid Spartans Gymnastic & Trampoline Centre for more than 10 years. Because of Lauren’s dedication and commitment to the sport, she has moved from a recreational gymnast to a national level competitor very quickly. In 2016, Lauren placed 1st overall at the Provincial level and was the first Cobequid Spartan to qualify for Nationals in the past 20 years. These accomplishments qualified her to win the Cobequid Spartan Most Improved award. Lauren was also selected by Olympic Coach David Kikuchi as the top Nova Scotian up and coming female gymnast to take part in CBC’s Olympic Games Training Day. She had the opportunity to train with Coach Kikuchi and NS Olympic gymnast Ellie Black. Lauren trains 16-20 hours per week for 12 months of the year and still maintains high academic marks & takes time to volunteer with the SPCA. Lauren is a true athlete and is very deserving of this nomination!

Mira Alexander
Mira is a multi-sport athlete with a focus on Track & Field and Soccer, in which she trains and competes year-round. In 2016, she also participated in cross-country running, basketball, badminton and club volleyball. Mira was named to the Canada Games Core Team for Athletics in the Javelin event and was on the Provincial team for Team NS in the Legion Youth Nationals in Quebec. As a member of the CC Riders U16 Team, Mira was instrumental in leading the team to a bronze medal at the Soccer NS Provincial Championships. Mira was also named “Best Defensive Player” for the Truro Junior High School Girls Varsity basketball team and helped her team win the District and Regional Junior High banners. Her accomplishments in school sports led to her being awarded co-winner of the Female Athlete of the Year for Truro Junior High. Mira is said to be a “hard working, dedicated athlete who is a pleasure to know on and off the field” and because of her dedication and love of sport, she is very deserving of this nomination. Congratulations!

Leah Adams
Leah is a talented athlete who competes at the highest level in a number of sports including soccer, basketball and volleyball. Leah played on the Provincial U14 Girls soccer team who won the gold medal at the Atlantic Championships. She also played with the Halifax Dunbrack Soccer Club and was instrumental in winning the Provincial Bronze Medal in the NS Soccer League. Leah was also a member of the Truro Junior High School volleyball team who were District runners-up and the basketball team which won the gold medal at the Northumberland Regional Championships. Leah also played with the Colchester Basketball Association Tigers and won the Provincial Gold Medal in Basketball NS Tier 2 Midget Girls. Leah has been described by her coaches as a strong leader and the type of player and person that any coach would love to have on their team. Leah is very deserving of this nomination!
Outstanding Male Athlete Award

Presented to a male athlete, 15 years and under, for outstanding sport achievement over the past year.

Clarke Fullerton

Clarke is a national ranked tennis player. Provincially the 15 year old is ranked third in Under 16 and sixth in Under 18 in Nova Scotia. In 2016, Clarke played in tournaments in Florida and is presently training as a member of the Nova Scotia Canada Games team.

Clarke was the winner of the Newfoundland Outdoor Atlantic Qualifier in St. Johns, placed fourth at the Outdoor Atlantic Tennis Championships in Truro, place fifth at the Nova Scotia Open Tennis Championships in Halifax, and a fifth place at the East Coast Open in Moncton. As well, Clarke is active at both the Cougar Dome and Truro Tennis Club as a coach and mentor of younger players.

Matthew Jones

Matthew is a multi-sport athlete including basketball, volleyball, badminton, and soccer. He was the captain of the CBA boys U14 basketball team which won the bronze medal and was chosen a Provincial all-star. In December he was named to the 2017 U15 boys Developmental Provincial team and is presently a member of CBA U16 team where he is the top scorer.

Matthew was co-captain of U14 boys soccer team, which won the provincials, where he was named Co-MVP. As well, he was co-captain of the Bible Hill Jr. Varsity Boys soccer team which finished 1st in league play.

Matthew was a member of the Truro Tide volleyball U14 & U16 clubs as well as a member of the Bible Hill Jr. Varsity boys volleyball team.

Matthew and is partner won Districts and Regionals in Doubles and advanced to provincials in Badminton.

Braden Gray

Braden is a gifted multi-sport athlete known for his prowess in soccer basketball, track & field and hockey. At the 2016 NSSAF Track & Field Championships, he stole the show by capturing top honours in the 100m, 200m, and 4 x 100m races, setting a new Provincial record of 11.59 in the 100m. sprint. His success led Bible Hill Junior High to its first Provincial title.

Braden was instrumental in leading his U14 CC Riders soccer team to a Provincial title. He did the same for his Bible Hill Huskies as they won the Regional Championship.

As a first-year player with the Truro Major Bantam hockey club, he has impressed coaches with his competitiveness, speed and work ethic and has been named an assistant captain.
Volunteer of the Year Award

Presented to a member of the community, who has demonstrated dedication and commitment for the betterment of their organization, club or team.

Lavinia Carreau

As an accomplished athlete, Lavinia was inspired by volunteer coaches throughout her school and university years. Since moving to Truro in 2003, Lavinia has tirelessly given back to this community in her sport of running. Over the last decade Lavinia has been coaching runners of a wide range of ages and abilities – from high school to elementary school. This past year, all schools in the county were lucky enough to have Lavinia offer open practices to students running cross country. She was also the coach for both cross country and track and field at Ecole Acadienne de Truro.

Imagine how impressed and special her student athletes would feel when they learned that their coach, Lavinia, who is still the fastest female runner in Colchester County, finished in the top 10% of runners in her category in the 2015 Boston Marathon. Lucky kids…

As if she needed more to do, she accompanied students from the Wood Street Residential Treatment Centre to both track and cross country competitions. This is the first time that this has happened and Lavinia’s commitment to serving her community enabled students, who wouldn’t otherwise have the opportunity, to be involved in competitions.

Sincere thanks go out to Lavinia for the time and effort she has put into being a tireless volunteer; she is a very worthy recipient of this award.
Coach of the Year Award

Presented to a member of the community, who in his/her role as a coach has shown exceptional ability as an instructor, motivator and leader.

Brian Wood

For more than 10 years, Brian Wood has been coaching in the Truro Minor Football program and doing it with more than a little success. He was assistant coach with the Blue Bombers, started a flag football clinic with great success, and was head coach of the Bantam Freightliners, leading them into the Tier 1 playoffs in 2016. In addition, he is the Player and Coach Development Co-ordinator, which provides skills and the knowledge to grow this great game. Moreover, he was Fundy Director of FNS and followed that as VP of League Development. A busy man dedicated to football. Brian gives freely of his time to foster the game both locally and provincially and in the process, has become a respected mentor to our community’s youth. Prior to 2016, he was chosen as head coach for the provincial U16 team. Subsequent to that, this team won gold for NS in July 2016. Brian’s nomination is most assuredly deserved and we add “Well done.”

Iain LaPointe

Iain LaPointe’s nomination is richly deserved. His genuine calmness, support, and encouragement of his charges have led to great success of the CEC Track and Field program. His philosophy of team development, bonding, and individual responsibility show through in the amazing results from his student-athletes. He is a supportive and tireless worker. In 2016, he was recognized as the winner of Athlete Nova Scotia’s Coaching Excellence Developmental award. As an educator, Iain incorporates the importance of lifelong skills acquisition. It is no small feat overseeing the province’s largest high school track and field team, but he has steadfastly risen to the occasion. His 14 year career is filled with highlights for his athletes and himself. In 2016, the CEC team was the number one team in NS as overall senior champions, and intermediate regional champs. The list of track and field accomplishments is long and well earned. Your nomination is likewise, Iain. Well done!

Raj Makkar

Raj Makkar’s innate values of family, community, hard work, and commitment contribute to him being a deserving nominee for coach of the year. The tangible results his soccer teams have achieved are a testament to his inspiration and dedication. He, like all great coaches here tonight, genuinely likes the kids he coaches and enjoys getting to know them. And it shows in the many positive results this has produced. Imagine the busy schedule and demands of coaching three teams...His U14 Boys soccer team won two gold medals in 2016, one being the Provincial U14 Tier 2. His U18 Boys Tier 2 team also won a provincial title; and his girls team won a gold in Districts and gold in Regionals. 2016 was the first time a coach captured two provincial titles with two teams in the same season. Raj’s philosophy has always been to stress that each player gives his/her all and to leave it all on the field. He is an honest communicator with his players and has worked as hard as his teams in his preparations. To play hard, clean and hold your head high, Raj’s inspiration makes him a most worthy nomination as Coach of the Year.
Outstanding Male Athlete Award

Presented to a male athlete, age 21-50, for outstanding sport achievement over the past year.

Brett Johnson

Brett Johnson is a solid rugby player who is a member of the Truro Saints Rugby squad. In 2016 he received a call from Rugby Canada to prepare himself to join the Canadian national team. He is one of 28 team members that will compete for the nation at the American Rugby Championship throughout February and March. Brett, known for his speed, is a constant threat with his ability to hit full speed in a heartbeat. Brett played in the Americas Rugby Championship against Brazil in his first game representing Canada.

Congratulations Brett on a wonderful season.

Thomas Henderson

Thomas Henderson was Team Captain of the Dal AC Woodsmen. He motivated his team mates to take on additional fitness training and skills practice to move from the second place finish in the first competition of the year to the championship in February 2016. As team captain he led his team to win the SSFC and Dal AC competitions and thus his team secured the highest point total for the year to win the CILA men’s championship for 2015-2016.

In 2016 he was also the ECHO Challenge winner (highest points in 3 events: chainsaw, single buck and underhand chop) and was among the best athletics among the CILA members.

Thomas had a wonderful season in 2016 and is most deserving of this nomination. Congratulations Thomas.

Peter Millman

Peter continues to have success at the University of Lethbridge and at competitive meets.

Peter laid claim to the University of Lethbridge Male Athlete of the Year for the second year in a row. After a stellar season the previous year, Peter had an even better one this past season in the throwing circle. Peter picked up his third consecutive Canada West Athlete of the year for field events after sweeping the conference throwing events. He led his team to a second consecutive sweep for the podium in the shot put and won the event by nearly 1.5 metres. In the weight throw, Peter’s nearest competitor was more than 2 metres behind his best throw.

At the CIS Championship, Peter was named the CIS Athlete of the Year for field events and went on to defend his CIS title in the shot put. Peter had the four furthest throws of the competition and earned his second consecutive gold medal with a top throw of 17.20 meters. Peter competed for Team Canada at the NACAC U23 Championships in El Salvador in July 2016, Peter placed 7th with a throw of 17.05 metres.

Peter had personal bests this past year in the indoor shot put and weight throw and outdoor shot put. He is CIS Male Field Athlete of the Year for 2016, University of Lethbridge Male Athlete of the Year for 2016, Canada West Male Field Athlete of the Year 2016 and 2016 Academic All-Canadian. Congratulations on an excellent season Peter.
Outstanding Female Athlete Award

Presented to a female athlete, age 21-50, for outstanding sport achievement over the past year.

Dara Pelky-Field

Dara competes in several different sports at a high level, duathlon, running, Spartan obstacle course racing and most notably Equestrian (show jumping).

Her Show Jumping results include a wins in the 1.20-1.30m Grand Prix at the Equine Gold Show and in the Premier’s Cup Overall Jumping Champion at Old Home Week in Charlottetown PEI. She also won the 1.2m Grand Prix and the Restless Pines 1.2m division for the series in Halifax. To add to this amazing season, Dara was 2016 Provincial Champion in the 1.2 m Division for Nova Scotia (the highest level in NS). Danica Ellis, Dara’s coach noted “Dara’s positive attitude has contributed to her quick success in just her second season with her horse Evangeline. Her hard work and dedication to training has led to her and “Eve” to several wins in the Maritimes and Quebec…”

Dismounting from 4 feet and using her own 2 she finished 7th overall female and 4th in her age group in the half marathon with a time of 1:42:53 at the 39th Annual Liv9 Fall Classic in Fredericton.

Dara is a true multi-sport athlete who is a very worthy recipient of this award.
Outstanding Male Athlete Award

Presented to a male athlete, age 16-20, for outstanding sport achievement over the past year.

Ryan McEachren
A triple sport threat, Ryan helped achieve many titles throughout 2016. Whether it was on the badminton court, volleyball court, or the soccer field, Ryan was the guy you wanted on your team to help achieve great success. A member of the Truro Tide U16 and U18 volleyball team, CEC volleyball team, CEC intermediate mixed doubles badminton team, and the CC Riders T2 A soccer team, Ryan played key roles in bringing home the medals. In chronological order, April found Ryan competing in 3 different provincials, U16 and U18 Club Volleyball, as well as badminton. Ryan and his badminton partner won the NSSAF mixed doubles badminton provincial silver medal, and in volleyball, both the U16 and U18 Truro Tide teams captured gold, with the U16 team capping off an unprecedented 50-0 season. The month of May found Ryan in Waterloo, Ontario, for the Eastern Canadian Volleyball Championships, where Ryan helped lead his team to an 8-1 record to capture the gold medal. In July, Ryan, as the captain of Team Nova Scotia, competed at the Eastern Elite Volleyball Championships in Newfoundland. Ryan was the starting left side hitter, and was named tournament MVP. All the while, Ryan was also playing soccer, and in August, his T2 A CC Riders soccer team won districts to earn a berth in the Provincial Championship. At that tournament in September, Ryan scored the go-ahead goal in extra time to capture the gold medal for the U16 CC Riders. To cap off his athletic year, Ryan was a member of the CEC volleyball team that captured the NSSAF Provincial Championship. Part of the reason for Ryan’s success is his healthy living, for which he was rewarded the Ernest H Abbott Award at CEC. In his spare time, Ryan likes to give back to the sporting community, through helping coach volleyball at BHJHS, or by officiating local soccer games as a level 1 soccer referee. Congratulations on this well deserved nomination.

Nicolas Faulkner
For Nicolas Faulkner, 2016 was a very successful year on the volleyball court. It began with the Truro Tide 18U team which competed in a number of “Super Series” tournaments which determined the seeding for the Volleyball Nova Scotia 18U Boys Provincial Championship in April. Going into the tournament, the Tide were seeded 4th, and with a record of 5 and 1 in match play made it to the semi-finals. It took 3 sets for the Tide to defeat the #1 seeded Halifax Tigers to move on to the final with a matchup against the #2 seeded Valley Axe. In 2 sets, Nicholas help lead his team to the provincial title, and was also named MVP. Next, Nicolas began training in the spring with Team Nova Scotia and traveled to Ontario to compete in the 2016 Nation Team Challenge Cup. At this event, Nicolas was one of 30 players selected to the Volleyball Canada National Youth Development Program, a dream come true, and a result of years of training, traveling, and hard work. In the 2016 High School volleyball season, Nicholas helped the CEC Cougars capture gold at the NSSAF Provincial Championship, while also being invited to train and compete with the core Canada Games group. Nicolas also finds time to give back to the volleyball world by volunteering at the annual Cougar Volleyball camp. His leadership, positive attitude, and enthusiasm for the sport is a great example for the young players at the camp. As described by those around him, “you won’t meet a nicer guy - or a tougher opponent in the biggest moments”, Nicolas is always demonstrating good sportsmanship with his fellow teammates, coaches, and officials. In September Nicolas will play for the Dalhousie Tigers Men’s Volleyball team as well as more training to hopes of eventually achieving his goal of playing for Team Canada. Congratulations on this well deserved nomination.
Michael Adams

2016 was most certainly a busy year for Michael Adams, considering he competed and excelled in 5 different sports. Michael’s success at multiple sports is truly remarkable. In alphabetical order, Michael competed for the first time at the Intermediate level in badminton, capturing 1st place in Districts, 1st in Regionals, and at the NSSAF Provincial Championship, walking away with a 4th place finish. For football, this was Michael’s rookie year at CEC, but that didn’t keep him from being a starter, and helping the Cougars advance to the NSSAF Provincial Semi-final. Michael was also a member of Football Nova Scotia’s U18 team as a kicker and a defensive back. This team traveled to Winnipeg to compete in the Canada Cup. Next up, soccer, and a dominant summer on the pitch. As a member of the T2A U16 CC Riders team, Michael was the top goal scorer of the Highland District Soccer League, both in the regular season and playoffs. The team won gold at the provincial tournament, thanks in part to Michael’s leadership and ability to score goals. As a first year intermediate track and field athlete, Michael captured gold at the NSSAF district, regional, and provincial level. Michael’s successes continued on the volleyball court, as a member of 2 different teams that captured gold at the provincial level. He was a member of the Truro Tide U16 volleyball team, which after winning the provincial title, went on to compete at the T2 Eastern Nationals to capture the gold there as well. In high school, Michael was a member of the CEC volleyball team that captured the NSSAF Provincial Championship. What an impressive year by an exceptional athlete, congratulations on the well deserved nomination.
Outstanding Female Athlete Award

Presented to a female athlete, age 16-20, for outstanding sport achievement over the past year.

Emma Stevens

Emma is an inspiration, the first Nova Scotian to make a National team in the sport of Freestyle Skiing. Her 2016 season was a success with capturing 3rd at the Nor-AM Series Final, and a 2nd at the Canadian Open Tour.

Emma is currently ranked 6th overall in Canada, and will compete in the FIS World Cup event in Quebec City! This is the first time an Atlantic Canadian freestyle skier has qualified in the slope style category. Emma proves that local athletes can achieve their dreams if they’re willing to work for it! Congratulations Emma!

Karlee Burgess

Karlee had a dream season in 2016, One of the best results for any curler in the country; representing Canada in two different major events!

In January, Karlee and her team represented Nova Scotia and captured the Canadian Junior Women’s Curling Championships in Stratford ON. Karlee was then selected to represent Canada at the Youth Olympics in Lillehammer, Norway. In Norway, the team went through round robin and playoffs with a 10-0 record. They beat USA in the Championship game to capture gold!

In March, Karlee represented Canada for the second time in 2016. There, Team Canada went through round robin with a perfect 9 -0 record. Team Canada came home with the gold beating Team USA 7-4. To end her 2016 season, Karlee and her team captured the under 21 Nova Scotia Provincial Championship!

An unbelievable season for Karlee, a Provincial gold medal, a National gold medal, a Worlds gold medal, and a Youth Olympic gold medal! Congratulations Karlee!

Julia Scammell

Julia Scammell, a top defenceman for the Nova Scotia Female Midget hockey League, had an exciting 2016 season! In May, Julia was invited to participate in Hockey Canada’s U18 Strength and Conditioning Camp (Step one of the U-18 National Team selection process). In August, Julia attended the “step two” of the National Team Selection process! From there, she was invited to travel with Hockey Canada to Finland to participate in the IIHF High Performance Camp! She was one of eight Canadians who were attended!

In the fall Julia represented Nova Scotia in the Atlantic Challenge Cup. Team Nova Scotia brought home gold! This event then selected the top players from Atlantic Canada to represent the Team Atlantic at the U18 National Championships. Julia represented Atlantic Canada as Assistant Captain. Congratulations Julia!
Sporting Families Award

This award does not recognize an athlete, a team, a coach or a builder. The award celebrates the many contributions that families have made to sport over multiple generations in the Truro area.

The Piers Family Truro's "First Family of Tennis"

Known as Truro’s “First Family of Tennis” the Piers family have been playing, coaching, organizing and building multiple sports in the Truro area for generations. It is impossible to list all the accomplishments of the family over their years of participation so we will list some highlights of success over multiple generations of sporting excellence displayed by this family.

The family legacy starts with John Piers whose efforts to build the sports of tennis and basketball in Truro resulted in his selection to the Nova Scotia Sports Hall of Fame as a builder in 1980. He was also a fine all-round athlete and coach. His induction was followed by two of his sons, David in 1988 as an athlete, and Bob in 1997 as an athlete. David was unbeaten on the Maritimes Tennis Circuit for an amazing 15 years. During his career, he won a jaw dropping 100 Nova Scotia Open Titles and was the number one ranked 18 year and younger player in the Canada in 1952. David also coached Four National Junior Champions. Dave and Bob won several father and son NS Open championships over the years with father John; with the last one coming when John was 72.

Jack Piers grew up playing tennis with his brothers and father in Truro. He was a member of the Truro Tennis Club Executive for more than 20 years, most recently as the tournament director with his wife Romaine as his co-director. Both Jack and Romaine are lifetime members of the TTC and have been involved in everything that occurred with the Club. They passed the love of tennis on to their children Chris, John, Mary and Teresa who are passing it along to the next generation. Jack was also an excellent bowler, reaching the triple 400 mark first in the men’s league and several times thereafter; and anchoring the provincial team to a Maritime championship. He often joked that it was the only sport in which he could beat his brothers.

Bob has an outstanding record as a coach and player. In tennis, he won the 1958 Boys under 13 singles and doubles National Championships. This was followed by the Canadian Open Under 18 boys title in 1963. This legacy of winning was followed with 27 Provincial Tennis Championships. A standout basketball player at the University of New Brunswick, Bob was selected as the UNB Male Athlete of the year in 1966. As a coach and builder Bob has won dozens of NSSAF Championships in Track and Field, Volleyball and Basketball for the CEC High School Cougars. He still coaches the CEC varsity girls volleyball team more than a decade after he retired as CEC Athletic Director.

The third generation of sports excellence is represented by Jeff and Karen Piers (the children of Bob and Carol Piers) who excelled in the sport of basketball as players and coaches. Jeff was a premier high school point guard who went on to Captain the St. FX X-men Men’s team and, after graduation, returned as an assistant coach to the program, winning a national championship with the X-men in 2000-2001. Karen was arguably one of the best female basketball players in Nova Scotia history playing her college basketball for the NCAA Oregon Ducks and winning three PAC 10 Championships during her collegiate career. Karen later coached the NCAA Sacramento State Hornets and the University of Idaho Vandals. Karen was also a fine tennis player and instructor at the TTC.

Truro has been fortunate to have had many families provide outstanding contributions to sport. The Piers family have contributed as athletes, coaches and builders in multiple sports over several generations. The Truro Sport Heritage Society is proud to present the “Piers Family” as the recipient of the Dave Armstrong Memorial Sporting Family Award.
Chair Recognition Award

Presented to a community volunteer who has given so much to Recreation and Sport in our community.

Chris MacDougall

With a goal to raise one million dollars to support cancer research Truro’s Chris MacDougall embarked on a cross country cycling journey, titled Charlie’s Ride, in memory of his son Charlie who died at the age 14 of cancer.

On July 24, 2016 Chris departed from Vancouver, BC to begin his journey! Each day, Chris dedicated his ride to an individual or family who has been impacted by cancer. Chris, who like his father, has provided leadership roles to community organizations such as the new hospital fundraising project, also wrote a daily blog for followers to be part of his journey as he wrote about the sites, the challenges, and the adventures he endured each day. Chris remained motivated as he knew his brave, energetic and fun loving boy would be onside and Chris said he could hear Charlie say, ‘Cool Dad! I want to go with you’

On September 28th, Charlie’s ride came to an end with Chris cycling a total of 7,500km from Vancouver, BC to St. John’s, NL. Well done Chris! We are proud of what you have done and would like to recognize your amazing feat with this special award.

Strides being made in cancer treatment

As a board member with the Beatrice Hunter Cancer Research Institute, Chris MacDougall has been privy to progress and advances in cancer treatment that research has provided in recent years. More than 200 forms of cancer currently exist and even if a cure can’t be found for them all, MacDougall says treatment advances are incentive enough to continue funding research efforts.

“You don’t hear of nearly the rate of child mortality with respect to cancer anymore.” For example, when Terry Fox had cancer the survival rate was 30 per cent, he says. About 20 years later when his son Charlie was diagnosed with cancer, the survival rate for those with osteogenic sarcoma had reached 70 per cent. And today it is up to 80.
Truro Sport Heritage Society

Merit Award

Presented to a member of the community who has made an outstanding contribution to sport over a number of years.

~1985~
John Piers

~1986~
Bill Gatchell

~1987~
Donald Legge

~1988~
Hugh Matheson

~1989~
Glen Matheson

~1990~
Edith Maclntosh

~1991~
Frank Harlow

~1992~
Jim & Judy Burgess

~1993~
Larry Anthony

~1994~
Terry Henderson

~1999~
Cathy Boudreau
Larry Anthony
Jim Foley
Judy Matergio

~2000~
Bruce Peers
Don Dickie

~2001~
David Wilson

~2002~
Dave Ferguson
Brian MacLeod
Joyce Halverson

~2003~
Nancy Blaikie
Rick Kaupp

~2004~
Emmons MacKay
Wade Taylor
Keith Beaver

~2005~
Brian “Chubb” Bartlett
Gerry Hale
Marilyn Clyke

~2006~
Steve Fulton
Dr. Linda Ferguson
Lorne & Murray Nicholson
Sean Regan

~2007~
Don McMillan
2011 Canada Winter Games Bid Committee
Salmon River Hockeyville Committee

~2008~
Stephanie Turnbull
Dick Cotterill
SomebeachSomewhere

~2009~
2008 Irving Oil Challenge Cup Committee
Kelly and Graham Jacobs and Brenda Payne
Cobequid Spartans

~2010~
Art Sears
Jack and Romaine Piers
Royal Canadian Army Cadet Corp.

~2011~
Jim Campbell
Kent Loughead
Judy Smith

~2012~
M.P. Crowell Ltd.
Chris Cashen
Steve Fulton

~2013~
Duncan MacLeod
Dr. Barry Wheeler
Beth (Roach) Iskiw

~2014~
APEX Invitational Golf Association
Go Truro
Cobequid Lawn Bowling

~2015~
Truro Run Tribe
Hub Cycle
Cougar Dome

~2016~
Shelley Fleming
Mik’Maq Summer Games Committee
Mike Moyles
Special Olympian
2004 – Leslie Fowler  2010 – Cory Hanson  2016 – Terry Parson
2005 – Donnie Clough  2011 – Cobequid Hornets
2006 – Amanda Burgess  2012 – Matthew Hunter
2007 – Stanley Makin  2013 – Shelley Marney
2008 – Rick Delaney  2014 – Makayla Jean Hadley

Outstanding Junior High Team
2008 – Bible Hill Junior High Boys Soccer  2013 – Ecole Acadienne Girls Volleyball
2009 – TJHS Panthers Track & Field Team  2014 – SCA Wolves Boys Soccer Team
2010 – TJHS Intermediate Girls Track & Field Relay  2015 – CCJH Boys Soccer
2011 – TJHS Boys Track & Field Relay  2016- Bible Hill Junior High Basketball Team
Truro Junior High Girls Track & Field Team

Outstanding High School Team
2009 – CEC Cougars Girls Volleyball Team  2012 – CEC Girls Hockey
2010 – NCHS Senior Boys Basketball  2013 – CEC Boys Volleyball Team
2011 – SCA Girls Softball Team

Outstanding Senior Female Athlete

Outstanding Senior Male Athlete
2015 – Colchester Royals Boys Fastball Team

Outstanding Team – 16 to 20 Years
2005 – CEC Girls Volleyball  2010 – Central Nova Girl’s Volleyball
2006 – CC Riders U16  2011 – Inglis Jewellers Diamond Gators Softball Team
2006 – Truro Junior “A” Bearcats  2012 – Truro Lions Track and Field
2007 – Central Nova Juveniles Volleyball  2013 – Allen & Sons Disaster Kleenup Midget AAA Truro Bearcats
2009 – Scotia MacLeod Midget AAA Bearcat Hockey Team  2015 – Truro Minor Hockey Midget A Bearcats

Outstanding Team – 15 Years and Under
1995 – Truro Pee Wee “A” Bluejays  2006 – Freightliners Bowling
– Truro Kwik-Kopy Bantam “AAA” Bearcats Hockey 2009 – Bible Hill/Truro Mosquito “A” Baseball
1997 – Salmon River Pee Wee Girls Fastball Team  2010 – Truro Lions Throw Club
1998 – Bible Hill Junior High Girls Basketball Huskies  2011 – Truro Atom AAA Bearcats
1999 – Truro Blue Bombers  2012 – Brookfield Elks PeeWee AA Hockey
2000 – Truro Junior High Girls’ Track & Field  2013 – Colchester Pee Wee AA Cyclones
2001 – Truro Junior High Varsity Basketball  2014 – CC Riders Tier 2A Girls Soccer team
2002 – Brookfield Bobcats Soccer Team  2015 – CC Riders Tier 2A Boys Soccer Team
Huskies Boys Basketball
2005 – South Colchester Academy Girls Soccer

Outstanding Team – 21 Years and Over
2007 – Don McIntosh Rink  2010 – Colleen Pinkney  2013 – NSAC Woodsman Team
2008 – Peter Burgess Mixed Curling Team  2011 – Team Colleen Pinkney  2014 – Colleen Pinkney Curling Team
2009 – The Fringe Cutting Edge  2012 – Murphys Fish and Chips Junior Eagles  2015 – Colleen Pinkney Curling Team
2010 – Central Nova Girl’s Volleyball  2016 – Judy Burgess Masters Curling Team
Outstanding Female Athlete – 15 Years and Under

2001 – Ashley Wicks 2008 – Shakara Pari 2015 – Alyssa Dykeman
2009 – Heidi Cooke 2010 – Carolyn DeAmicis 2011 – Danica Ellis & Ashley Giddens
2011 – Drew Erskine 2014 – Anastasia Callagh

Outstanding Male Athlete – 15 Years and Under


Volunteer of the Year

1989 – Brian Connick 2000 – Charles MacLeod 2011 – Terry Hunt
1995 – Ross MacKay 2006 – Catherine MacNevin

Outstanding Male Athlete – 21 to 50 Years


Outstanding Female Athlete – 21 to 50 Years

2006 – Samantha Legere 2010 – Carolyn DeAmicis 2013 – Caila Henderson
2009 – Heidi Cooke 2012 – Nicole Works 2015 – Emily Peters
2016 – Jennifer Meech

Outstanding Male Athlete – 16 to 20 Years


Outstanding Female Athlete – 16 to 20 Years

2014 – Karlee Burgess

Chair Recognition Award

Previous Award winners

Sponsor of the Year

Outstanding Female Athlete
1988 – Jennifer Hale

Outstanding Male Athlete
1988 – Kris Burley

Outstanding Female Athlete – 16 Years and Over
1995 – Marianne Berry 1999 – Sue Kaye 2002 – Kate Forbes
1998 – Meredith Doyle

Outstanding Male Athlete – 16 Years and Over
1995 – Blaine Ogden 1999 – Craig Higgins 2002 – Derek Field
1998 – Dana Williams

Outstanding Team Award
1986 – Cobequid Spartans Girls 1990 – CEC Football Team 1993 – CEC Track Team
1987 – Brookfield Elks Softball 1991 – CEC Track Team 1994 – CEC Football Team
1988 – Cobequid Spartans Tyro Novice Men’s Gymnastics Team

Outstanding Team – 16 Years and Over
1995 – Colchester Cardinals Baseball Team 2000 – CEC Girls Volleyball
1996 – Bruce Lohnes Curling Team 2001 – CEC Football
1998 – Meredith Doyle Curling Rink 2003 – Truro Bearcats Baseball Team
1999 – Truro Senior Bearcats 2004 – Team McConnery

Official of the Year
1988 – Eleanor Norrie 1992 – Bill Murphy

Dave Armstrong Memorial Sporting Families Award
2016- The Maxwell Family
~1986~
1946 Truro Bearcat Baseball Club
Lyle Carter

~1987~
Truro Slugs Ladies Softball Team
Stan “Chook Maxwell

~1988~
Gerry Glinz
1970-71 Truro Junior Bearcat Hockey Club

~1989~
Gordie Mont
Truro Bearcats 1931 Hockey Club
Wayne Smith
Truro Atlantic Electric Juvenile Baseball Team

~1990~
Bill MacIntyre
Win Langille
1959-60 Brookfield Elks Hockey Team
Frank Hoar

~1991~
1980 Brookfield Elks Softball Team
Les Topshee
Clarence Johnson
Johnny Graham

~1992~
1980 Truro Junior Women’s Curling Team
Lloyd Sutherland
Robert Jones

~1993~
1974 CEC Cougars Football Team
Judge Robert F. McLellan
Mrs. Carolyn MacDonald - Flemming
Ismet “Hum” Joseph

~1994~
Harold E. (Casey) Power
Ken Marchant
Kenneth M. “Dutchie” Mumford

~1995~
Hugh Matheson
Charlotte Johnson
Frank Daniels
Donald “Brick” Cameron
Ralph “Ducky” Cream
’75 NS Canada Games Jr. Hockey Team

~1996~
Donald “Lick” J. MacDonald
Ross Mitchell
Clayton MacLeod
Truro Sheiks
Margaret Muir Langley

~1997~
Anne Flemming Gookin
Frank MacDonald
Don Henderson Sr.
Bill Gatchell
78-82 CEC Girls Basketball Team

~1998~
Bill Sears
Gerald “Bib” Dickie
Irving (Chub) Bartlett
Wm. A. “Bill” Flemming
1964 North River Aces Softball Team
1924-26 Truro Sr. Bearcats Hockey Team

~1999~
Reg Boudreau
Bob Harvey
Avard Mann
Bob Mentis
1975-76 Truro Jr. Bearcats Hockey Team

~2000~
Mert Crowell
Hartley Weatherby
Dot Holmes
1969 Truro Keiths’ Softball Team

~2001~
Londonerry Iron Clads
John Piers
Terry Henderson
Webster Deuville

~2002~
Darrell Maxwell
Lou Medynski
Donald Ross
Truro Bearcats Hockey Teams
’45 – ’46 & ’46 – ’47

~2003~
Ron (Offie) Conra
TSN Truro Bearcats
Stu Rath
Donnie Dennis

~2004~
Keith MacKenzie
Ron Fielding
Denny Clyke

~2005~
Ron MacCormack
Art Dorrington
Kenny Starratt

~2006~
Eldon Chapman
Sam Riddell
The Meredith Doyle Rink
Jim Cumming
Randy Crowell
Mike Henderson
Hanson T. Dowell
Vernon Hopper
David Piers
Jack Learment

~2007~
Bob Gogan
Gordie Maxwell
Robert Putnam
Vivian Hoar
Jim MacAfee

~2008~
David Wilson
Jans Henderson
Clobie Collins
Jed Ritcey
Joyce Halverson
Gerry Hale
~2009~
Chris Bernard
Fred Henderson
John Mentis
Lloyd Mitchell
Larry Archibald
Steve Morrisey

~2010~
Scott Fraser (posthumously)
Frank Fraser Sr.
Albert Gamble
Candace Tattrie
David Armstrong
Al Peppard

~2011~
Judy (Henderson) Matheson Brookfield Athletic Association
Bob Piers
Glenn Matheson
Lloyd Sutherland (posthumously)

~2012~
Robyn Pickrem-Deveau
Freeman Maxwell
Greg Patton
Don Cormier
Mr. Kool Radiator
Junior Baseball Team

~2013~
CIBC Wood Gundy
Chris Burley
Cindy Tye
Rhonda and Brent McGrath
SomeBeachSomewhere
Robert Joe

~2014~
Archie Robertson
John Mattatall
Keith Finck
Ken Poole
Leslie Wilson
1982 Fletchers Fastball Team

~2015~
Earl McKenna
Don Hazelton
Scott Cameron
1999-2001 CEC Girls Volleyball Team

~2016~
Luke Maxwell
Terry Hunt
Brian MacLeod
Martha Purdy
Margaret Mitchell
1973 Truro Bearcats Senior Baseball Team
Sponsors

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The Snook Group
Town of Truro
Truro Daily News

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Dave Armstrong Family

Bronze Sponsors

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Jimolly's
KFC
MacLellan & Moffatt Financial Inc.
MacDonald Chisholm Trask Insurance
MarMac Athletics
Nook & Cranny Brew Pub
Roops Esso
Stanfields Limited
Subway Restaurant
Truro Golf Club
Truro Home Hardware (sm store on Willow)
Vantage Motors Limited
Will Kare Paving & Contracting Ltd
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The Town of Truro is pleased to sponsor this year’s Award for Outstanding Female Athlete, Aged 21-50 years

On behalf of Mayor Bill Mills, Council and Citizens of Truro
Congratulations to the Sport Heritage Nominees and Award Winners

Town of Truro

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902-895-4484
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town@truro.ca
Congratulations to Nominees and Winners

Congratulations to our local athletes on your outstanding accomplishments!

LENORE ZANN
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Congratulations to all the Nominees and Award Winners